

Changes to above treatment plan:

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Visit #: 1	Progress Summary: n/a
Physician: Dr. Diagnosis: Gait Abnormality, Ac	
PHYSICAL THERAPY EVALUATION	
Assessment	Long-Term Goals
demonstrates gait abnormality of absent heel strike 90% of steps on level surfaces with and without shoes. She demonstrates cal contracture limiting DF knee extended to -15° B. Normal gait requires +10° of DF with knee extended. Strength is 2/5 within core spinal flexors, hip flexors and dorsiflexors. There appears to be a sensory component related to her gait pattern. This is characterized by full foot and heel strike noted during evaluation with donning of compression socks. She demonstrated hypersensitivity to tactile, specifically light touch input to legs and feet during evaluation. This will be further assessed at upcoming visits. Her sneakers were modified with the addition of B heel wedges, to facilitate full foot contact to the floor in weight bearing, which was well tolerated. She has good potential to improve LE strength and mobility to an age appropriate expectation and to improve gait with physical therapy and progressive home program.	1.) I of caregivers with daily home program for desensitization of B legs and feet. 2.) Improve strength of core spinal flexors, hip flexors and dorsiflexors to at least 3+/5. 3.) Improve DF knee
Treatment Plan: Sessions 2-3 times per month for manual soft tissue release and AAROM to the joints of B LE's, shoe modification with orthotic recommendations prn, sensory modulation exercises to improve tolerance of varied tactile input to B legs and feet, progressive home program and caregiver education. Thank you for this referral. If you have any questions about this patient, please call our office. Provider: Date: Date: Date: Date:	
I certify that the above rehabilitative services are required and authorized by me. Physician:	

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