

STEP 1

RICHMOND AGITATION-SEDATION SCALE (RASS)

Level of Consciousness Assessment

Scale	Label	Description
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+4	COMBATIVE	Combative, violent, immediate danger to staff
+3	VERY AGITATED	Pulls to remove tubes or catheters; aggressive
+2	AGITATED	Frequent non-purposeful movement, fights ventilator
+1	RESTLESS	Anxious, apprehensive, movements not aggressive
0	ALERT & CALM	Spontaneously pays attention to caregiver
-1	DROWSY	Not fully alert, but has sustained awakening to voice (eye opening & contact >10 sec)
-2	LIGHT SEDATION	Briefly awakens to voice (eyes open & contact <10 sec)
-3	MODERATE SEDATION	Movement or eye opening to voice (no eye contact)
<p>→ If RASS is ≥ -3 proceed to CAM-ICU (Is patient CAM-ICU positive or negative?)</p>		
-4	DEEP SEDATION	No response to voice, but movement or eye opening to physical stimulation
-5	UNAROUSABLE	No response to voice or physical stimulation
<p>→ If RASS is -4 or -5 → STOP (patient unconscious), RECHECK later</p>		

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