

# MOBILITY

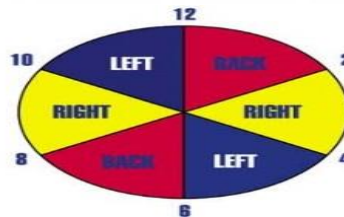
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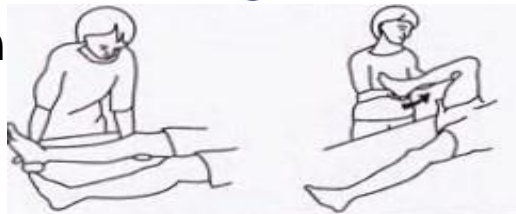
**Elevate Head of Bed  
30 degrees**



**Reposition Every 2 Hour**



**Passive Range of Motion  
2X/day**



**\*\*20 degree  
Reverse Trendelenburg  
15-60 mins 1x/day**



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*Nursing to perform mobility interventions at this level.  
Advance to next level next session if patient demonstrates hemodynamic and  
physical tolerance for 60 mins of \*\*stated activities.*

# MOBILITY

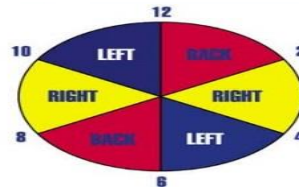
Date: \_\_\_\_\_



**Elevate Head Of Bed  
30 degrees**



**Reposition Every 2 Hours**



**Passive Range of Motion  
3X/day**



**\*\*20 degrees  
Reverse Trendelenburg  
15-60 mins 3x/day**



**\*\*Legs Dependent for  
15-20 mins 3x/day**



*Nursing to perform mobility interventions at this level.  
Advance to next level next session if patient demonstrates hemodynamic and  
physical tolerance for 60 mins of \*\*stated activities.*

# MOBILITY

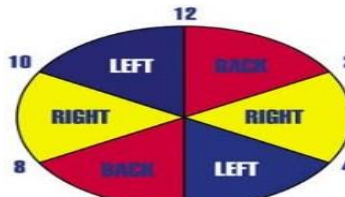
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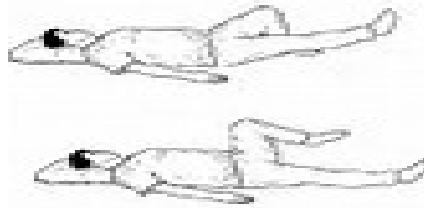
**Elevate Head of bed  
30 degrees**



**Every 2-Hour Turning,  
Patient May Assist**



**Active Range of Motion  
3x/day**



**Full Chair Position  
60 mins, 3x/day**



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*\*\*PT/OT eval and tx order should be obtained when pt can tolerate chair position for 30 mins.*

Date: \_\_\_\_\_

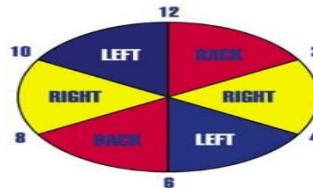
# MOBILITY



**\*Elevate Head of Bed  
30 degrees**



**\*Every 2-Hour Turning,  
Patient May Assist**



**\*Active Range of Motion  
3X/day**



**\*Encourage Activities  
of Daily Living**

**\*Full Chair Position  
60 mins 3x/day**



**\*\*Progress to Standing as able  
\*\*Transfer to *Chair* w/ PT/OT  
for 5-10 mins**



**\*\*Advance sitting to 60 mins as tolerated  
(Increase above\*\* 2X/day as tolerated)**

\*RN/PCT to perform these activities.

\*\* PT OT RN RT will collaborate in these activities

Date \_\_\_\_\_

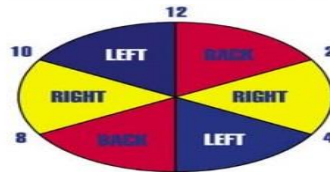
# MOBILITY



**Elevate Head of Bed  
30 degrees**



**Every 2-Hour Turning,  
Patient May Assist**



**Active Range of Motion  
3X/day**



**Encourage Activities of Daily Living**

**Full Chair Position  
60 mins 3X/day**



**Progress to Standing  
Out of Bed to Chair, Sitting  
at least 60 mins, 2x/day if  
tolerated**



**Initiate Ambulation with PT/OT**



\*\*RN can then complete Out of Bed/Ambulate to chair up to 3x/day as pt tolerates.