

Pocket Card for Functional Status Score for the Intensive Care Unit (FSS-ICU)

Version 10.14.2016

Cut Here

Cut Here	1) Rolling 2) Supine to sit transfer ¹ 3) Sit to stand transfer ¹ 4) Sitting edge of the bed ¹	
	No assistance or assistive device needed (Independent)	7
	No assistance but requires use of a rail/assistive device (Modified Independent)	6
	Requires cueing but with no physical assist, may use assistive device (Supervision)	5
	Patient performs ≥ 75% (Minimum Assist)	4
	Patient performs between 26%-74% (Moderate Assist)	3
	Patient performs ≤ 25% (Maximum Assist)	2
	Task is performed but the patient is unable to assist (Dependent)	1
Unable to attempt or complete the task due to weakness	0	
Fold Here	¹ Dependent tasks (without use of lift device) are given a score of 1. Tasks completed with lift device due to weakness are scored as 0.	
	² ≤ 2 tasks not performed for reasons other than weakness, use average score of remaining tasks to create total. > 2 tasks not performed, can't be calculated.	
Cut Here	³ Walking/Wheelchair mobility	
	7	≥ 150 feet No assistance or assistive device required (Independent)
	6	≥ 150 feet No assistance but requires the use of assistive device/gait aid/prosthetic device (Modified Independent)
	5	≥ 150 feet Requires cueing but with no physical assist, may use assistive device (Supervision)
	4	≥ 150 feet Patient performs ≥ 75% (Minimum Assist or Contact Guard Assist)
	3	≥ 150 feet Patient performs between 50-74% (Moderate Assist)
	2	≥ 50 feet Walk ≥ 50 feet with the assistance of only 1 person (Maximum Assist)
	1	> 50 feet Walk < 50 feet with assist of 1 or any distance with assist of 2 persons (Total Assist)
0	Unable to attempt or complete the task due to weakness	
⁴ Max score for wheel chair mobility is 6. Longest distance walked without seated rest break		
⁵ ≤ 2 tasks not performed for reasons other than weakness, use average score of remaining tasks to create total. > 2 tasks not performed, can't be calculated.		

Cut Here

